



BWBH Mindful Wellness Programs

Hold Harmless Waiver

Be Well Be Here (BWBH) events are held in a space where residents may have compromised immune systems. Therefore, all participants at BWBH events are required to:

- * **Be fully vaccinated with proof of vaccination; we appreciate a negative Covid test taken the day of the program.**
- * **NOT ATTEND IN PERSON with ANY illness or potential Covid19 symptoms such as cough, congestion, headache, flu-like body aches, stomach ache, loss of taste or smell and general malaise, OR if you have been exposed to anyone with an ailment, especially Covid19 or its symptoms.**
- * **Wear a mask at indoor events and keep SOCIAL DISTANCE to respect all ways of wellBEing.**

Be Well Be Here takes your physical safety and our own very seriously. While we implement safety and sanitation initiatives, we cannot guarantee that these measures will completely protect you from contracting COVID-19 or other illnesses. In consideration of your participation at Be Well Be Here events, by signing below:

- YOU DO NOT have ANY illness or potential Covid symptoms, such as cough, congestion, headache, stomach ache, flu-like body aches and loss of taste or smell.
- YOU AGREE TO ACCEPT ALL RESPONSIBILITY for the inherent risks associated with exposure or potential exposure to contracting COVID-19 or other ailments.

By signing this Agreement, the undersigned acknowledges that they are assuming all risks associated with potentially contracting COVID-19, and respectfully choose to participate in this event offered by Be Well Be Here.

* * *

BY SIGNING THIS WAIVER, I voluntarily agree to participate in Be Well Be Here (BWBH) activities, assume all risks, and release BWBH, its employees, agents and volunteers, from all actions, claims or demands that I, or any of my representatives have for injury or damage resulting from my participation in this program, now or in the future. I understand that BWBH is not expected or able to provide medical and/or psychological care, and agree that no BWBH representative will diagnose or treat any condition or illness.

I understand that my participation in BWBH programs is at the sole discretion of BWBH at all times, and if deemed necessary by BWBH I may be asked to leave the program.

I agree to abide by all rules and regulations mandated by the town of Concord, the state of Massachusetts, the location owners and the compliant regulations implemented by Be Well Be Here facilitators / organizers throughout the course of the event.

I have read this agreement and fully understand its contents. By signing below, I sign it of my own free will and agree to all terms. I am of legal age and accept the above disclaimer, release, and waiver of liability for myself or my dependents who may be participating in BWBH events.

GUEST SIGNATURE

DATE

PRINT NAME

EVENT